



PHONE: (907) 745-8100

**PREPARATION INSTRUCTIONS FOR COLON-SURGERY (MoviPrep – Method)**

**Please Purchase:**

- MoviPrep Bowl Preparation Kit can be purchased at any pharmacy. You will have a prescription for this given to you at the initial office visit. You will also need to have prescriptions for 2 antibiotics: Erythromycin Base & Neomycin

**FOLLOW OUR INSTRUCTIONS BELOW AND NOT THE INSTRUCTIONS THAT ARE INCLUDED WITH THIS KIT!**

**Step 1: THE ENTIRE DAY BEFORE THE PROCEDURE, YOU MAY HAVE CLEAR LIQUIDS ONLY.**

Clear liquids include coffee, tea, water-either carbonated or regular, Gatorade, all soft drinks. All of the clear juices: apple, cranberry, grape. Jell-O, clear soups, i.e., bouillon or broth. Sugar or artificial sweeteners are allowed. You may continue these clear liquids up until mid-night.

**PLEASE NOTE: DO NOT EAT OR DRINK ANYTHING RED.**

**NOT ALLOWED ON A CLEAR LIQUID DIET:** Milk, cream, soy milk equivalent, artificial creamer. Pulpy juices; like orange, grapefruit, pineapple, tomato and V-8, are NOT allowed.

**Step 2: AT 8:00AM THE DAY BEFORE YOUR PROCEDURE: MIX FIRST DOSE OF SOLUTION**

- Empty 1 Pouch **A** and 1 Pouch **B** into the disposable container. **ONLY USE 1 MARKED A AND 1 MARKED B. The additional 2 packets are to be used for the second dose which is to be used in step 5 of this prep.**
- Add lukewarm drinking water to the top line of the container.
- Cap the bottle and shake to dissolve the powder.
- The mixed solution will be clear. Do not add anything other than the provided flavor packs to the solution.
- If you would like to drink the solution cold, store it in the refrigerator until it is time to start drinking.

**Step 3: AT 9:00AM, START DRINKING THE MoviPrep SOLUTION:**

- Drink 1 (8oz) glass every 30 minutes (about 4 glasses). Drink each glass steadily, at your own pace. Do not "chug" it. If you experience nausea, slow down in drinking the mix and try taking a few sips of one of the clear liquids listed above.
- A watery bowel movement should begin in approximately 1 hour or less. **Be sure to drink ALL the solution.**
- You may also have other clear liquids while drinking the MoviPrep solution.

**Step 4: Mix the remaining packets from step 2 at 4:00pm. You will drink your second dose following the same instructions in step 2 at 5:00pm.**

**Step 5: You will also start taking the Erythromycin and Neomycin the day before at the following times:**

**Erythromycin 500mg 2 tablets at 1:00pm, 3:00pm & 11:00pm**

**Neomycin 500mg 2 tablets at 1:00pm, 3:00pm & 11:00pm**