### SUPREP BOWEL PREP KIT

Date of procedure: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

# FOLLOW THIS INSTRUCTION SHEET, NOT THE INSTRUCTIONS ON THE BOX. THE DAY BEFORE YOUR PROCEDURE...NO SOLID FOODS! CLEAR LIQUIDS ONLY!

#### On the day before your procedure...

#### What You CAN do:

 You may have have nothing for dinner clear liquids ONLY; please

#### What You CANNOT do:

- **DO NOT** drink milk
- DO NOT eat or drink anything colored red or purple
- **DO NOT** drink alcoholic beverages

#### Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping (NO RED OR PURPLE)

#### Note:

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements, SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within I hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit. call your doctor

To learn more about this product, please call 1-800-874-6756 or visit our Web site at www.suprepkit.com

## Split-Dose (2-Day) Regimen

#### BEGIN STEP 1: BETWEEN 5-9PM

- On the evening before the procedure (or when your doctor tells you to begin) complete steps 1 through 4 using one (1) 6-ounce bottle before going to bed
- On the morning of your pracedure, repeat steps 1 through 4 using the other 6-ounce bottle



Pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing container.



Add cool drinking water to the 16-ounce line on the container and mix.

# STEP 3

Drink ALL the liquid in the container.

# STEP 4 IMPORTANT

You must drink two (2) more 16-ounce containers of water over the next 1 hour.

#### MORNING OF: BEGIN STEP 1. 5 HRS BEFORE PROCEDURE

**NOTE:** Dilute the solution concentrate as directed prior to use.

NOTE: You must finish drinking the final glass of water at least 2 hours. or as directed, before your colonoscopy.

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