



Welcome to the Surgery Department at Uintah Basin Medical Center.

The following list of instructions will help to answer questions you may have regarding your upcoming procedure.

1. You are not to eat or drink anything after midnight, the night before your scheduled procedure. This includes: gum, lifesavers, candy, and tobacco products (No smoking).
2. Do not wear any make-up, fingernail polish or perfume when coming in for your procedure. Shower the morning of your procedure using an anti-bacterial soap, this helps to cleanse the skin and reduce the chance of an infection.
3. Review your list of medications with your physician. Your physician will inform you which medications are appropriate to take prior to your surgery. Bring a **current** list of medications with you the day of your procedure.
4. Make sure you have someone available to drive you home following your procedure.
5. If you should develop a cough, sore throat or fever, notify your physician immediately. Depending on the severity of symptoms, your procedure may need to be postponed.
6. Sometimes within surgical departments emergencies arise and your procedure may be delayed. Should this circumstance occur, we recommend that you bring something to occupy your time (such as a book, Kindle, iPad or iPod) to help pass the time. We strive to make sure that should a delay occur it is kept to a minimum.
7. The day **before** your scheduled procedure, you will need to call the O.R. between **1:00PM and 3:30PM** to receive your time to come into the hospital. The number to contact the O.R. is: **435-722-6126**.
8. If you have any questions or concerns regarding your procedure please contact your physician or the O.R. department.

**Thank you for choosing Uintah Basin Medical Center for your surgical procedure.
We look forward to caring for you!**