

Having a Baby?

CLASSES ARE AVAILABLE TO HELP YOU PREPARE!

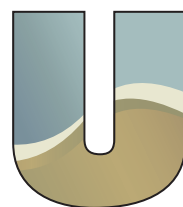
We offer information about pregnancy, labor and delivery, relaxation, breathing, pain management, breastfeeding, post-partum and newborn care.

Classes are held at Uintah Basin Medical Center
250 W 300 N - Roosevelt, UT
from 6:00 PM - 8:30 PM.

We encourage all those
expecting a baby to attend!
It's FREE!

To register, contact
the OB Department
at (435) 722-6150.

CLASS #1:	Jan 10 & 17
CLASS #2:	Feb 21 & 28
CLASS #3:	March 14 & 21
CLASS #4:	April 11 & 18
CLASS #5:	May 9 & 16
CLASS #6:	July 11 & 18
CLASS #7:	Sept 12 & 19
CLASS #8:	Oct 3 & 10
CLASS #9:	Nov 14 & 21



Uintah Basin
Medical Center
UINTAH BASIN HEALTHCARE