

# SERVICE

OPPORTUNITIES

## *No Sew Stockinette Hats*

Stockinette hats provide a soft, warm touch for newborns of all sizes. These hats will be matched with other items in a Caring for Coy care package, given to families who experience the tragic loss of a pre-term infant. Stockinette hats lack seams that can damage fragile skin and stretch to accommodate varying head sizes, making it easy for hospital staff to dress these special angel babies. Babies range in size from micro-preemie to full-term weight, so a variety of sizes is needed. We donate 2 hats per family so that one may stay with the baby and the other may be kept by the family in a memory box.

Stockinette tubing can be purchased at most drug stores, medical supply stores, Amazon or through the Uintah Basin Healthcare Marketing Department.

***This project is perfect for all skill levels and ages.***



### **General Instructions:**

(See Page 2 for step-by-step instructions.)

1. Cut white synthetic stockinette tubing to length indicated by size (see Page 2).
2. Tuck wrap inside "tube" to create a folded edge and double thickness.
3. Gather cut edges.
4. Tie white, pastel pink or pastel blue ribbon at measurement indicated (below).  
(Optional: Secure with a clear hair elastic, please avoid colored bands of any kind.)
5. Fold bottom (folded) edge up 3/4" to 1" to make a band. Add embellishment to girl hats if preferred (please glue or stitch on embellishments, as double-sided tape tends to come off easily).
6. Make hats in identically matched pairs so the family can keep one.
7. Bag each pair separately, in mini Ziplok bags provided by the Uintah Basin Healthcare Marketing Department.



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## No Sew Stockinette Hats

### Step-by-Step Instructions:

1. Please use **white synthetic** stockinette tubing (cotton is beige, synthetic is white).
2. Select the correct tubing width and cut to indicated length for the desired hat size (see chart).
3. Fold tubing in half lengthwise and tuck wrap inside "tube" to create a folded edge and double thickness (same motion as folding a pair of socks).



4. Gather cut edges at indicated measurement from raw (cut) edge.
5. Secure with a clear hair elastic (please avoid colored bands of any kind) or pinch with a clothespin until ribbon is in place.
6. Tie narrow white, pink or blue ribbon over elastic/gather.
7. Fold bottom (folded) edge up as indicated to make a band around bottom of hat.
8. Add embellishment to girl hats if preferred (please glue or stitch on embellishments, as double-sided tape tends to come off easily).
9. Make hats in identically matched pairs so the family can keep one.
10. Bag each pair separately, in mini Ziplok bags provided.



	Measurements				
	Tubing Width	Tubing Length	Ribbon Location	Folded Band	Finished Size
Small Hats	2"	8"	3/4" from cut edges	3/4"	2 1/2"
Medium Hats	3"	10"	1" from cut edges	3/4"	3 1/4"
Large Hats	4"	14"	1 1/2" from cut edges	1"	4 1/2"



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